

THE STARTERS

SESAME SEARED TUNA TATAKI GF TronFIT

Asian vegetable slaw, sesame vinaigrette, chives and sweet chili aioli 18

CHICKEN & BIBB LETTUCE WRAPS GF TronFIT

Sesame glazed sous vide chicken breast, Asian slaw, water chestnuts and cucumbers 17

TIBURÓN HAND BREADED BUTTERMILK TENDERS

Buttermilk brined and hand breaded with house spiced hand cut fries and secret sauce 16

CUBANO QUESADILLA

House mojo pork, ham and salami with pico de gallo, mozzarella and lime-garlic crema 13

ROASTED RED PEPPER & GARLIC HUMMUS GF TronFIT

Sweet pepper pesto, warm pita bread, assorted olives and mixed crudité vegetables 13

BRAISED SHORT RIB CHEESE FRIES GF

Hand cut fries, white queso, shredded cheddar, scallions and slow braised beef short rib 20

LOBSTER MAC & CHEESE

White wine and 4 cheese sauce with Maine lobster and buttery cracker-herb crust 21

THAI SPICED CRISPY FLORIDA ROCK SHRIMP

Crispy shrimp with garlic bread toast, sweet chili-sesame banger sauce and sriracha 17

THE SOUPS

TIBURON CHILI GF

Cheddar, tortilla strips and red onions 7/9

DAILY SOUP

Made daily from fresh ingredients 7/9

THE SALADS

Salads are served with fresh baked muffin of the day

*Add Grilled or Blackened Chicken 9 / Shrimp Skewer 11 / Fresh Salmon 11 / Fresh Grouper MKT
Smaller salad subtract 2*

TIBURÓN MIXED GREEN SALAD GF TronFIT

Apricots, julienne cucumber, grape tomatoes and blue cheese with warm bacon bits 12

TROPICAL MANGO CAESAR SALAD TronFIT

Romaine, Caesar dressing, asiago, mango-tomato salsa and banana bread croutons 12

SOUTHERN STYLE FRIED CHICKEN COBB

Mixed greens, bacon, hard-boiled egg, scallions, Maytag blue cheese, avocado and grape tomatoes with crispy chopped buttermilk chicken and garlic ranch dressing 19

SESAME GRILLED SHRIMP ASIAN TOSSED SALAD

Romaine, nappa cabbage, macadamia nuts, scallions and grape tomatoes with sesame vinaigrette, grilled sugar cane skewered shrimp and crispy won ton hay stack 22

TOMATO & FRESH MOZZARELLA CAPRESE STACK GF

Mixed greens, tomatoes, pesto, balsamic glaze and micro basil with Kalamata olives 16

SPINACH & APPLEWOOD BACON SALAD GF TronFIT

Sliced grape tomatoes, julienne cucumbers crispy warm bacon, palm hearts, blue cheese and Sweet heat Cajun roasted pecans tossed in honey-balsamic vinaigrette 14

ANTIPASTO ICEBERG WEDGE SALAD GF

Julienne capicola, salami and pepperoni with creamy herb-garlic vinaigrette, roasted red peppers, micro basil and gorgonzola cheese 17

SUNBURST SALAD GF TronFIT

Mixed greens with sliced grape tomatoes, seasonal fresh berries, toasted Marcona almonds and crumbled feta cheese with herbed white balsamic vinaigrette 15

AVOCADO DUO GF

Mixed greens, fresh fruit, chicken salad and tuna salad filled avocado halves 18

BLACKENED SALMON CITRUS SALAD* GF TronFIT

Romaine lettuce, grape tomatoes, citrus segments, cucumber and lemon-basil dressing 21

**Consumer advisory: consumption of raw or undercooked meat, seafood eggs and poultry may increase the risk of illness*

TronFIT 500 Calories or Less

GF Gluten Free Items

THE HANDHELDS

Served with hand cut secret spiced fries, fresh fruit, cottage cheese or cole slaw

Upgrade to vegetable du jour or truffle-parmesan fries 2

Substitute cup of soup, small Tiburon salad or small tropical Caesar 5

BUTTERMILK FRIED CHICKEN CLUB

Grilled sourdough, Applewood bacon, melted Swiss, lettuce and tomato with honey mustard 18

CAJUN OR BUTTERMILK FRIED FLORIDA GROUPER SANDWICH

Buttered brioche roll, lemon-caper remoulade, lettuce, tomato and charred lemon MKT

CAJUN GRILLED SOUS VIDE CHICKEN BREAST ON BRIOCHE

Avocado, crispy onions and Swiss with lettuce, tomato and roasted garlic-red pepper aioli 18

NEAPOLITAN COLD WATER LOBSTER ROLL DUET

Bay spiced lobster salad with scallions, lettuce and tomato on toasted brioche rolls 22

TIBURÓN ULTIMATE BURGER*

Crispy fried onions, Vermont cheddar and bacon with bistro sauce and white queso 20

SHAVED PASTRAMI REUBEN

Sauerkraut, 1000 island and melted Swiss on grilled marble rye bread 18

BRAISED SHORT RIB BULGOGI BAHN MI

Crusty French bread, melted shallots, scallions, cilantro, carrot and daikon threads 20

THAI SPICED SHRIMP TACOS

Shredded cabbage, tomato pico, mixed cheese and sweet chili-sesame banger sauce 18

SMOKED BBQ BRISKET TACOS

Shredded cabbage, pico de gallo and mixed cheese with BBQ smoked brisket 18

PRESSED BOAR'S HEAD TURKEY & APPLEWOOD BACON

Cuban bread, tomato, basil, honey-chipotle aioli and Applewood bacon with white cheddar 17

TAMPA STYLE PRESSED CUBAN SANDWICH

Ybor City bread, mojo pork, ham, salami, Swiss cheese, pickles and mustard sauce 16

YOU CALL IT BOAR'S HEAD DELI SANDWICH

Your Choice of bread, 2 meats 2 cheeses with lettuce, tomato and red onion

Whole 16 Half 12

THE GRILLED FLATBREADS

Served on a 10 inch grilled crispy crust stone baked

CLASSIC MARGHERITA

Marinated red and yellow tomatoes, fresh mozzarella, pesto and micro basil 16

ITALIAN DELI

Red sauce, capicola, ham and salami with Kalamata olives, tomatoes, basil and mozzarella 17

SOUTHWESTERN CHICKEN & BACON

White queso, pico de gallo, spiced chicken, bacon and cheddar-jack cheese with ranch 17

THE SYDNEY'S PUB FARE

CRISPY BUTTERMILK FRIED GROUPER & CHIPS

House cut secret spiced fries, creamy tartar sauce, slaw and grilled lemon MKT

JUMBO HEBREW NATIONAL HOT DOG

Grilled brioche bun and your choice of toppings 12

Chili, cheese, onions, Chicago relish, ketchup, mustard, celery salt, tomatoes

TIBURÓN CHILI-CHEESE NACHOS

White queso, mixed cheese and pico de gallo with Tiburon beef chili and pickled jalapeno 16

BLUE CHEESE CHICKEN WINGS

Crispy fried and tossed in your choice of sauce with celery, carrots and blue cheese 17

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 **Tron**  500 Calories or Less

 **Gluten Free Items**